

## 健康小叮嚀~面對疫情不鬆懈，戴口罩、勤洗手仍是不二法則

中央流行疫情指揮中心於 2020-12-22 發佈以下資訊：

- **因應年末跨年等大型活動考量，加強相關集會活動防疫措施**，故請同仁務必遵守活動期間之防疫規範：
  - (1)主辦單位應於活動場域提供足量之手部清消用品、提高公共廁所之消毒頻率並設有醫療應變措施，且除指定販賣區外，場內不得販售飲食。
  - (2)室內活動不得販售無座位票並落實實聯制，同時須規劃固定入口，且於入口處進行體溫量測及手部消毒。
  - (3)參與活動者於活動期間應全程佩戴口罩，除補充水分外，禁止飲食，經勸導不聽者，予以裁罰。
  - (4)居家檢疫、居家隔離、自主健康管理期間者，及有發燒、呼吸道症狀、腹瀉、嗅味覺異常等疑似症狀之民眾（包括表演者及活動工作人員），不得參加相關活動。
  - (5)為利通知防疫相關訊息，請參加民眾攜帶手機。
- **國內新增 1 例 COVID-19 本土病例**(案 771)，為案 765 友人(30 多歲女性)，指揮中心表示，為釐清案 765(外籍機師)於 12 月 8 日至 12 日間之活動史與接觸者，經衛生、警政單位密切調查個案活動軌跡發現，個案於上述期間曾有多處公共場所 **活動史(如下圖)**，提醒曾於下圖所列時段出入相關場所的民眾，請自主健康管理，12 月 25 日前如出現相關症狀，應戴上口罩前往全國指定社區採檢院所，經醫師評估是否採檢。

### 案765國內活動軌跡

日期	活動地點
12月8日 11:30-12:30	新光三越台北天母店
12月10日 18:30-19:30	遠東SOGO台北天母店
12月11日 11:00-12:00	好市多南崁店

- ◆ 會於上述時間地點活動民眾應自主健康管理
- ◆ 12/25前出現發燒、呼吸道症狀或嗅味覺異常請至指定社區採檢院所由醫師評估採檢
- ◆ 相關疑問請撥打**1922**

中央流行疫情指揮中心

2020/12/22

- **英國近期 COVID-19 疫情嚴峻，自 12 月 23 日零時起，英國入境旅客及過去 14 天有英國旅遊史者，入境後送集中檢疫場所 14 天，檢疫期滿前進行採檢。**
- 以上內容詳文來源:衛生福利部疾病管制署新聞稿

## **Health Tips~The best way to prevent the COVID-19**

**- wear mask**

**- Wash your hand often with soap and water**

- The Central Epidemic Command Center (CECC) stated that considering that New Year's Eve events tend to attract crowds, with people standing or sitting in close proximity to random people for extended periods of time, the public is advised to observe disease prevention regulations listed below when attending those events.
  1. Event organizers shall provide ample supplies of hand sanitization products and shall clean and sanitize public restrooms more frequently.
  2. No standing tickets shall be sold for indoor events; event organizers shall keep a record of contact details of participants attending such events and take participants' temperature and disinfect their hands before they enter the venue.
  3. Participants shall wear a mask all the time throughout the event and shall not consume food except for the purpose of staying hydrated. Those who refuse to comply with the regulations after being advised are subject to penalties.
  4. The following persons may not attend such year-end events: people under home quarantine or home isolation, people subjected to self-health management, people who are experiencing suspected symptoms, including a fever, respiratory symptoms, diarrhea, and an abnormal sense of smell and taste; event performers and staff shall also abide by this rule.
  5. Participants attending such events shall have a mobile phone with them and keep it switched on to receive information related to disease prevention.
- **CECC confirms 1 more indigenous COVID-19 case**; a contact of Case #765 confirmed to have COVID-19 and locations visited by Case #765 disclosed. To clarify the activity history and contact history of Case #765 (a foreign pilot) between December 8 and December 12, the health authority conducted an investigation and found that the foreign pilot had visited the public venues listed below during the specified period of time. The CECC reminds members of the public who have visited those locations in the time periods mentioned below that they shall conduct self-health management and, if experiencing related symptoms before December 25, shall put on a mask to visit a local designated testing hospital in the community to see a doctor to assess if a COVID-19 test is required.

Venues in Taiwan visited by Case #765:

December 8  
11:30-12:30 Shin Kong Mitsukoshi Taipei Tianmu Store

December 10

18:30-19:30 Far Eastern SOGO Taipei Tianmu Store

December 11

11:00-12:00 Costco Nankan Store in Taoyuan

- **The pandemic continues to spread and a new coronavirus strain is detected in the UK.** Starting from December 23, arrivals from the UK and travelers who have history of travel to the UK in the past 14 days are required to undergo quarantine at group quarantine facilities.

Source : [Taiwan Centers for Disease Control Press Releases](#)